

# Lunchtime Light Meals

## All £5.95

Available Monday to Saturday from 12noon until 3pm

### **Cumberland Sausage**

With creamy mashed potato, seasonal vegetables and onion gravy

### **Liver and Onions**

Seasonal vegetables and your choice of potatoes

### **Beer Battered Fish and Chips**

In our homemade Thwaites beer batter with mushy or garden peas

### **Meat and Potato Pie**

With chips and mushy or garden peas

### **Grilled Gammon Steak**

Topped with a fried egg or pineapple and served with garden peas and choice of potatoes

### **Homemade Beef Chilli**

With rice, homemade chips or half and half

### **Ham and Eggs**

Homemade chips and garden peas

### **Tuna Salad**

A mixed salad bowl topped with tuna mayonnaise

### **Lancashire Cheese Salad v**

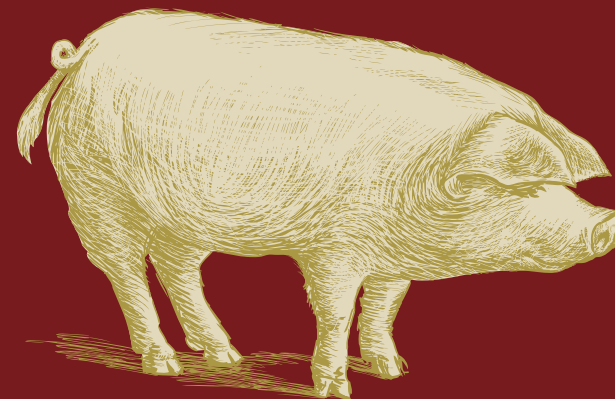
Our house mixed salad topped with crumbled Lancashire cheese

### **Vegetable Chilli v**

Served with rice, homemade chips or half and half

### **Vegetable Curry v**

Our homemade curry with rice, chips or half and half



# Crofters

Barrow in Furness

## FOOD MENU

# Sunday Roasts

Served 12 till 7pm

One Course **£7.95** Two Courses **£9.95**

Three Courses **£11.95**

Holbeck Park Avenue, Barrow in Furness, LA13 0RE

Tel: 01229 828006 [www.croftersbarrowinfurness.co.uk](http://www.croftersbarrowinfurness.co.uk)

v denotes suitable for vegetarians. All weights are approximate before cooking. Some dishes may contain traces of nuts or nut derivatives. Dishes with fish may contain bones. Crofters avoids the use of G.M. foods within their ingredients and so is confident that this menu is free from any genetically modified foods. **All our products are subject to availability as our ingredients are locally sourced.** Food Allergies & Intolerances: Please speak to our staff about the ingredients in your meal, when placing your order. Thank you.

## Starters

<b>Soup of the Day</b> Our homemade soup with crusty bread roll	£3.95
<b>Farmhouse Pâté</b> With toast and damson relish	£4.50
<b>Hot &amp; Spicy Creel Prawns</b> Sweet chilli dipping sauce	£4.95
<b>Classic Prawn Cocktail</b> Coldwater prawns in Marie Rose sauce with brown bread	£4.95
<b>Homemade Golden Battered Goujons</b> Succulent chicken strips in our homemade batter with sweet chilli dip	£4.95

## Sandwiches

*freshly made on farmhouse white or brown bread with salad garnish and coleslaw*

<b>Roast Ham and Mustard</b>	£4.50
<b>Prawn Marie Rose</b>	£4.95
<b>Creamy Lancashire Cheese and Red Onion</b>	£3.95
<b>Tuna Mayonnaise</b>	£4.50

## Hot Sandwiches

<b>Paninis</b> Served on a crusty, toasted panini with salad garnish and coleslaw, choose from:	£5.50
<b>Bacon, Brie and Cranberry</b>	
<b>Locally Sourced Steak and Red Onion</b>	
<b>Roast Ham and Lancashire Cheese</b>	
<b>Cumbrian Rarebit</b> Toasted rustic bread topped with melted Lancashire cheese <i>Add bacon for 95p</i>	£3.95
<hr/>	
<i>Add a bowl of soup to your hot sandwich for £2.75</i> <i>Add a portion of homemade chips for £1.50</i>	

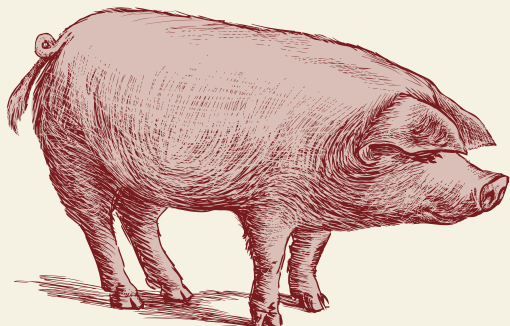
## Jacket Potatoes

*Pluffy, baked potato served with salad garnish and your choice of filling:*

<b>Prawn Marie Rose</b>	£5.50
<b>Tuna Mayonnaise</b>	£4.95
<b>Ham and Cheese</b>	£4.95
<b>Cheese v</b>	£3.95
<b>Baked Beans v</b>	£3.75
<b>Homemade Chilli</b>	£5.50
<i>Add an extra filling for 95p</i>	

## Grills and Burgers

<b>8oz Fillet Steak</b> Cooked to your liking and served with a grilled tomato, onion rings, mushrooms and your choice of mash, chips or baked potato	£18.95
<b>10oz Sirloin Steak</b> Served with a grilled tomato, onion rings, mushrooms and your choice of mash, chips or baked potato	£15.95
<b>10oz Rump Steak</b> Served with a grilled tomato, onion rings, mushrooms and your choice of mash, chips or baked potato	£12.95
<b>Surf and Turf</b> Locally sourced rump steak topped with golden scampi pieces, served with homemade chips and salad	£12.95
<b>10oz Horseshoe Gammon Steak</b> Topped with a fried egg or pineapple and served with homemade chips and garden peas <i>Add a sauce to your grill for £1.95, choose from: Diane or Peppercorn</i>	£10.95
<b>Traditional or Cumberland Burger</b> 100% beef steak burger or Cumberland style pork burger served with our homemade chips and salad garnish - <i>Add cheese or bacon for 55p each</i>	£6.95



## Crofters Salads All £8.95

*All served with fresh, rustic bread and butter*

<b>Cajun Chicken Fillet and Bacon</b>
<b>Prawn &amp; Tuna</b>
<b>Traditional Ploughman's v</b>

With a trio of cheeses *Add roast ham for only £1.00*

## Pub Classics

<b>Cumberland Curl Sausage</b> On creamy mashed potatoes with rich onion gravy or with homemade chips and a fried egg	£8.95
<b>Homemade Steak and Kidney or Steak, Mushroom and Ale Pie</b> Made with golden puff or shortcrust pastry, served with homemade chips and seasonal vegetables	£9.95
<b>Crofters Chicken Stack</b> Chicken fillet stacked with bacon and BBQ sauce and topped with melted cheese Served with our homemade chips and seasonal vegetables	£10.95
<b>Beer Battered Fish and Chips</b> Made using Thwaites beer and served with homemade chips, garden or mushy peas	£9.95
<b>Curry of the Day</b> Our homemade curry served with chips, rice or half and half - please ask for today's flavour	£9.95
<b>Homemade Lasagne</b> With a fresh salad and garlic bread	£8.95
<b>Hawaiian Chicken</b> Oven baked chicken breast, stuffed with ham and topped with cheese and pineapple Served with a choice of potatoes and mixed salad	£10.95
<b>Chicken and Ham Pie</b> Made with golden puff or shortcrust pastry, served with homemade chips and seasonal vegetables	£8.95
<b>Stilton and Vegetable Crumble v</b> Served with homemade chips and mixed salad	£8.95
<b>Wholetail Scampi</b> Golden bread crumbed scampi with homemade chips and salad	£9.95
<b>Broccoli and Cream Cheese Bake v</b> With mixed salad and homemade chips	£8.95
<b>Chilli Con Carne</b> Our house chilli served with rice, chips or half and half	£8.95
<b>Vegetable Chilli or Vegetable Curry v</b> Homemade and served with rice, chips or half and half	£7.95

**Add Salt and Pepper Chips instead of Regular Chips for an extra £1**

*Join us every Sunday for the Crofters Roast*

Home roasted meats with all the trimmings  
Children's portions also available

## Sides

<b>Beer Battered Onion Rings</b>	£1.95	<b>Garlic Bread</b>	£2.95
<b>Homemade Chips</b>	£1.95	<b>Garlic Bread with Cheese</b>	£3.75
<b>Fresh Bread and Butter</b>	£1.25	<b>Mixed Salad</b>	£1.95

## Desserts - All served with cream, ice cream or custard

<b>Homemade Sticky Toffee Pudding</b>	£4.50
<b>Syrup Sponge</b>	£4.50
<b>Hot Chocolate Fudge Cake</b>	£3.95
<b>Deep Filled Bramley Apple Pie</b>	£4.50
<b>Homemade Banoffee Pie</b>	£4.50
<b>Bailey's Cheesecake</b>	£4.95
<b>Assorted Ice Cream</b>	£3.50